



MONTHLY NEWSLETTER December 2007

Editor: Miriam Rosewarne – Director of International Cheng Ming –Australia

Hello. I hope this finds you all in good health and taking a break after 2007.

On reflecting this past year, I have felt satisfied of my achievements, the growth of my school in Wattle Glen and general public awareness in the Cheng Ming System Association.

Achievements for the year

January

Instruction of Tai Chi and Qi Gong at YMCA in Eltham Leisure Centre. (ongoing)

Students returning to Wattle Glen studio for further training and advancement. (ongoing)

Five new participants adding to the classes.

I joined as a member of Wushu and Tai Chi Practitioners Association Inc. Thank you Gary Jackson.

Feb/March

Beginners program of six weekly classes of Tai Chi and Qi Gong for administration staff at Nillumbik Shire Council in Greensborough. (10 participants)

March

Male student from Japan studying English in Australia is recommended by Master Jibiki, president of Japan Cheng Ming Association, to attend my school to further his knowledge of the Cheng Ming System. Ryiochi trained for six months with me at Wattle Glen.

April

Received accreditation for Level Two First Aid.

May/June

I attended a weekend seminar with Walt Missingham, then commenced correspondence course for Sports Coach Level One with the Australian Kung Fu Federation. Accreditation finalised in July.

I joined as an associate member with the AKWF. Thank you James for your support.

July/August

Program “Kung fu 4 Kids” is accepted and implemented for primary students at Plenty Valley School of Montessori in Diamond Creek. Eight pupils attended classes for six weeks. Training in Hsing-I twelve animals and Qi Gong. This was very well received. As an added bonus, the children were visited by Master Wang Fu Lai and Master Huang Su Chin from Taiwan. The masters presented the children with certificates and badges for their achievements.

August/September

Master Wang Fu Lai, Master Huang Su Chin from Taiwan and Master Shoji Ozawa from Japan came to Australia for our Annual Gashku. All masters were accommodated in my home at Wattle Glen for two weeks. The master attended to our personal training each day and many new skills were learnt. As always, these forms are challenging and equally as exciting. The benefit of one on one training with the Masters is a huge honour to us and a reward that they recognise the continued commitment we show to them as our teachers and to the Cheng Ming System. We have no teacher in Australia.

A weekend seminar was also held for my students and a promise of ongoing support and more visits for our current and future students. Many meals were shared with the students able to ask questions of the Masters and further their knowledge of this unique martial art.

October/November

Program of six weekly classes in Tai Chi and Qi Gong for administration staff at Manningham City Council in Doncaster. This was well attended by fifteen participants who completed the beginner’s course and were given certificates for their achievements.



International Cheng Ming Chinese Martial Arts

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December

Negotiations with Panton Hill and Kangaroo Ground Primary Schools for introduction of program “Kung Fu 4 Kids” to be implemented next year.

On attending a staff dinner for YMCA staff, my students and I gave a demonstration of Tai Chi and Qi Gong which was very received. Many inquiries of the system followed this.

I have enrolled in a weekend course for February 2008 with Active After School Communities program for accreditation to teach this program in schools.

Application for “Working With Children Check” has been confirmed and approved.

MAJOR ANNOUNCEMENT

Next year, Master Wang Fu Lai and Master Huang Su Chin will host the very first International Seminar of the Cheng Ming System to be held in Taiwan in September, 2008.

Miriam and Neil have been chosen to represent Australia and their school in this prestigious event.

All our students are invited to join us. Lets fly the Aussie flag with pride.

This is a huge step forward to our system of Internal Kung Fu as up until now, it has never been competitive. It will attract some great martial artists from Japan, Israel, America, England, Italy, Taiwan, Canada, Sth. America and of course, Australia. Perhaps, this is in preparation for reaching Olympic standards in years to come. It is also a way, that Master Wang Fu Lai is extending his art to attract more westerners to the system.

In summary, I am very happy with the progress I have achieved, the growing of my business and the recognition of my school in Wattle Glen.

I would like to thank all past and current students for their commitment and their ongoing support. Also, those of other schools, clubs etc. who assisted me in my journey. Together, we can offer the community a wonderful art that will not only improve our health, but make our world more stable.

All the best for the coming new year and may 2008 bring all that your heart desires.

Enjoy everyday and be always be kind to others.

Best regards

Miriam 31/12/2007